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Technical Appendix to

DISSATISFIED WITH LIFE BUT HAVING A GOOD DAY: TIME-USE AND WELL-BEING OF THE UNEMPLOYED

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The Questionnaire

First, we would like to ask you two general questions:

1. Gender: Male ☐ Female ☐

2. Year of Birth: ☐

In this part of the questionnaire, we would like to learn what you did yesterday.

3. To begin, please circle the day of the week that YESTERDAY was:

   Monday Tuesday Wednesday Thursday Friday Saturday Sunday

4. Yesterday, at what time did you...

   wake up? ☐ hrs

   go to sleep? ☐ hrs

5. How was your day yesterday compared to how this day of the week usually is?

   ☐═══☐═══☐═══☐═══☐

   much worse worse pretty typical better much better

6. If you went to work yesterday: How was your working day yesterday compared to how your working day usually is?
   Compare the time spent at work only.

   ☐═══☐═══☐═══☐═══☐

   much worse worse pretty typical better much better

7. How was your physical well-being yesterday compared to how it usually is?

   ☐═══☐═══☐═══☐═══☐

   much worse worse pretty typical better much better

Now that you have rated your day yesterday in detail, we have a few more general questions about your current life.

14. Marital Status

0) Married, living together ☐ ⟹ *Skip to Question #16!*
1) Married, separated ☐
2) Single ☐
3) Divorced ☐
4) Widowed ☐

15. Are you in a permanent relationship?

Yes ☐ No ☐
Skip to Question #17!

16. What occupation does your partner/spouse have?
Please check one only!

0) Full-time employed ☐
1) Part-time employed ☐
2) Self-employed ☐
3) Unemployed ☐
4) Retired ☐
5) In vocational training ☐
6) Other (non-employment) ☐

17. What is the highest level of education you have completed?

0) None ☐
1) Hauptschulabschluss [Secondary education] (8th/9th grade) ☐
2) Realschulabschluss [Secondary education] (10th grade) ☐
3) Abitur/Fachabitur [Senior High School, A-levels] ☐

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18. What is the highest level of vocational education you have completed ?

0) None ☐
1) Preparational year for vocational training ☐
2) Vocational training ☐
3) Vocational/trade school ☐
4) Technical school ☐
5) College/University degree/doctorate ☐

19. How many children do you have? ☐

20. How many of them live in your household? ☐

21. What is the total number of persons (incl. you) living in your household? ☐

22. What is the amount of your household income at present?
Please enter the monthly net amount, i.e. after tax and social insurance deductions, and add any other regular income such as pensions, family and housing benefits, child support, BAföG (student loan) etc.!

☐ Euro

23. Do you earn a job income? If yes, what is your present monthly gross and net income?

Gross income: ☐ Euro

Net income: ☐ Euro

24. How many hours a week do you work?

☐ hours

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Please fill in only if you are employed.

25. How secure do you think your job is?

□ very insecure — □ pretty insecure — □ pretty secure — □ very secure

26. Were you registered as unemployed during the past three years?
Yes □ No □

27. If yes, how long ago was that?

□ < 1 year — □ 1–2 years — □ 2–3 years

Please fill in only if you receive unemployment benefit ALG II.

28. Since when have you been registered as unemployed (the status includes being in a public work program, e.g. 1-euro-job) ?

Month ☐☐ Year ☐☐☐☐

29. Have you been actively looking for a job these past four weeks?
(excluding public work programs)
Yes □ No □

30. If you are currently looking for or if you had to look for a job: is it or would it be unproblematic, relatively easy, difficult or almost impossible to find a suitable job?

□ unproblematic — □ relatively easy — □ difficult — □ almost impossible

31. Have you taken up a 1-euro-job?
Yes □ No □
↳ *Skip to question #36!*

32. Have you actively tried to get the 1-euro-job?
Yes □ No □

33. What was the main reason for taking up such a job?
Please check one only!
0) Being able to work □
1) Hoping for a permanent job offer □
2) Earning extra income □
3) Benefits being cut back when refusing the job □
4) Other (_____) □
Please specify!

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Please fill in only if you receive unemployment benefit ALG II and hold a 1-euro-job.

34. Have you actively tried to get your current 1-euro-job?
Yes ☐ No ☐

35. What was the main reason for taking up such a job?
Please check one only!

0) Being able to work ☐
1) Hoping for a permanent job offer ☐
2) Earning extra income ☐
3) Benefits being cut back when refusing the job ☐
4) Other (_____) ☐
Please specify!

Please fill in only if you receive unemployment benefit ALG II and do not hold a 1-euro-job.

36. Are you actively trying to get a 1-euro-job?
Yes ☐ No ☐

37. Suppose you were offered a 1-euro-job by the job centre. Would you take it?
Yes ☐ No ☐
Skip to question #39!

38. What would be the main reason for taking up such a job?
Please check one only!

0) Being able to work ☐
1) Hoping for a permanent job offer ☐
2) Earning an extra income ☐
3) Benefits being cut back when refusing the job ☐
4) Other (_____) ☐
Please specify!

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